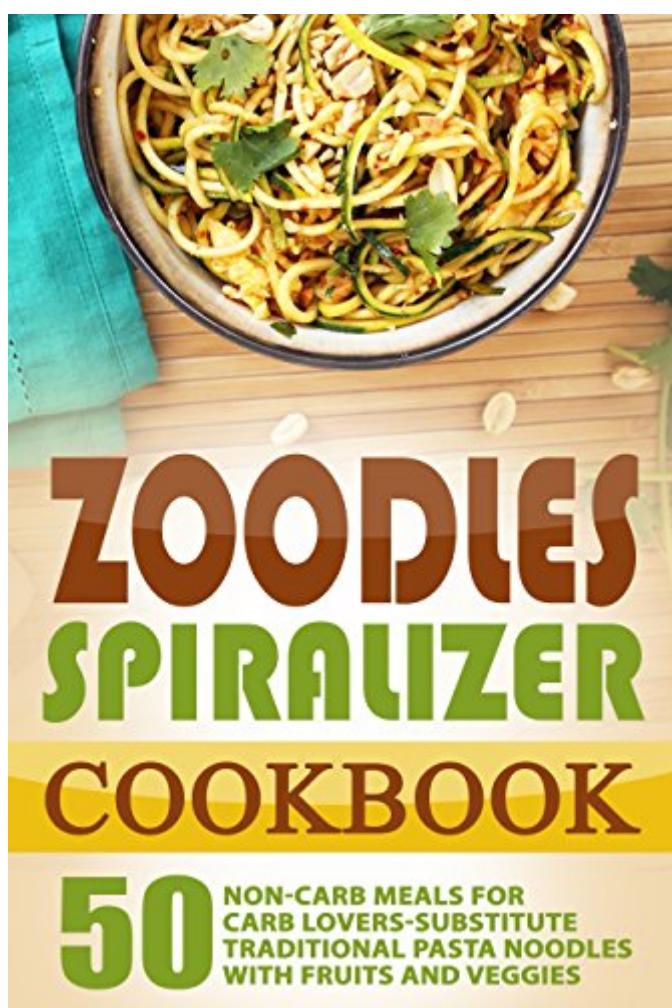


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Zoodles Spiralizer Cookbook: 50 Non-Carb Meals For Carb Lovers-Substitute Traditional Pasta Noodles With Fruits And Veggies



Synopsis

50 Non-Carb Meals For Carb Lovers-Substitute Traditional Pasta Noodles With Fruits And VeggiesHave you heard of zoodles? They're all the rage these days! Zoodles are zucchini "noodles," which are made by using a Spiralizer (a cool tool for slicing vegetables). They're a terrific low-carb, diet-friendly choice for a side dish or a meal. Zoodles are a great low-carb alternative to pasta, whether it's due to a gluten-free diet, carb cutting or you're just trying to sneak the kids more veggies! Download your copy today!Zucchini noodles are fast, delicious and wonderfully free of all things wheat and starch

Book Information

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Customer Reviews

Pictures are very small. I bought this book to get visual ideas for pretty good looking colorful food. There are NO pictures. Not even 1. There is no printing cost .. was it too much effort to add a full size picture even if it takes longer to download?. Im disappointed. I don't even want to look at the recipes. So if you are looking for images look for something else.

I heard about this zoodles spiralizer from a friend and I wanted to give it a try. I just hope they put this book on free promotions soon. I heard that this is a superb guide to making lots of different spiralizer recipes. Can't wait to try them!

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